

# Which services are available for older people in Uppingham?

This free event provides solutions for older people facing up to the challenges of planning for the future.

The event runs between 10:00am and 1:00pm and you are welcome to join us for as long as you wish.

There will be a variety of stallholders, demonstrators and expert speakers who will cover a wide range of issues including financial planning, legal considerations, support in your own home, technology advice and more.

Join us on the day - secure your place using the booking options below:

## The Falcon Hotel

Market Place, Uppingham, LE15 9PY 10:00am - 1:00pm

Online: www.laterlivesmatter.co.uk/uppingham

Email: rutland@laterlivesmatter.co.uk

Telephone: 01572 898147



### **Programmed Events**

10:00 - 10:15	Care at Home	<ul> <li>Home Instead</li> </ul>	Senior Care
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10:15 - 10:30 Live In Care - Christies Care

10:30 - 10:45 Technology for Later Life - TechSilver

10:45 - 11:00 Break

11:00 - 11:15 Legal Advice - Buckles Solicitors

11:15 - 11:30 Financial Planning - Hudson Wealth Management

11:30 - 11:45 Local Support - Active Rutland

11:45 - 12:00 Break

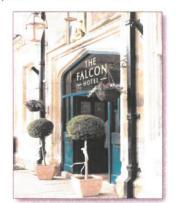
12:00 - 12:15 Local Support - Scam Awareness Talk

12:15 - 12:30 Local Support – Uppingham First – Ron Simpson (Director)

12:30 - 12:45 Local Support – Healthwatch Rutland – Jennifer Fenelon (Chairman)

#### For further interest

1:00pm Healthwatch Rutland AGM follows on from our event at The Falcon. http://healthwatchrutland.co.uk



#### ORGANISATIONS ATTENDING & DEMONSTRATIONS

- Home Instead Senior Care Christies Care TechSilver Buckles Solicitors Hudson Wealth Management Age UK -
- Oddfellows Uppingham First Healthwatch Rutland Alzheimer's Society Tessa Ellis, Physiotherapy Macmillan -
  - Vista J Stamp & Sons RNIB Active Rutland Uppingham Grows Ignitability Nordic Walk It ICare -

(may be subject to change)